ICKNIELD HIGH SCHOOL

Newsletter

October 2024

Welcome to the October edition of our newsletter, at the end of what has been another incredibly busy half term that has gone by in a flash.

Congratulations to those students who have been recognised through our celebration breakfast events. It has been lovely to see these being so well attended by parents and carers. We know that this engagement with the school and support from home for students is so important.

This newsletter also highlights the current topics of study for each group so that you are aware of what child is learning at school.

I hope you have an enjoyable and restful half term break.

John Noble
Headteacher

Key Dates in November

28th October – 1st November
Half Term Holiday

6th – 11th November
Book Fair in LRC

11th November – 22nd November
Year 11 Trial Exams

27th November
All Years - Online tutor Evening

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Rewards Breakfasts

Congratulations to all of those students who were invited to a celebratory rewards breakfast this half term for achieving a high number of 5's in lessons.

Zainab	7BBC
Yusuf	7BAA
Alimah	7BBS
Khadijah	7BBC
Aabidah	7BBS
Ibraheem	7BBE
Nabilah	7BBR
Khaysha	7BBC
Ibrahim	7BBE
Zainab	7BBA
Hussnain	7BBC
Marwan	7BAS
Maryam	7BBS
Afeefah	7BBR
Faizan	7BBS
Jemima	7BBE
Ruhi	7BAE
Maryam	7BAE
Taqi	7BBA
Zarish	7BAS
Luca	7BAA
Areeba	7BBR
Mahreen	7BBS
Mai'da	7BAE
Hassan	7BBA
Greatness	7BBC

Tamara	8RAR
Eiliya	8RAS
Abdul Hadi	8RBC
Eemaan	8RBC
Aiden	8RBR
Maryam	8RBE
Safa	8RBS
Hibah	8RBS
Aroush	8RAE
Meerab	8RBA
David	8RBE
Parthiv	8RAA
Amara	8RAA
Lillian	8RAS
Manahal	8RAC
Nabeel	8RAC
Umaiza	8RAC
Shay	8RAA
anzeela	8RAR
Najibath	8RAR
Zainab	8RAE
Maya	8RAE
Safa	8RAS
Saihan	8RBC
Tahsin	8RBA
Prishay	8RBA
Hajrah	8RBR
Aaliyah	8RBR
Ayshah	8RBE
Arnold	8RBS
Amaya	8RBS

Hasnain	GAC
Cory	GAC
Aneisha	GAC
Safa	GAC
Tanveer	GAA
McKenzie	GAA
Wania	GAA
Aaira	GAA
Max	GAR
Adil	GAR
Jannat	GAR
Denisa-Nicoleta	GAR
Zamin	GAE
Imran	GAE
Gurleen	GAE
Zara	GAE
Mustafa	GAS
Adil	GAS
Mahnor	GAS
Maryam	GAS
Asif	GBC
Keyaan	GBC
Autumn	GBC
Muskan	GBC
Yusuf	GBA
Tyrese-Junior	GBA
Nafisa	GBA
Amara	GBA
Yasin	GBR
Muhammad	GBR
Amna	GBR
Mariam	GBR
Nawfal	GBE
Abdurrahman	GBE
Oliwia	GBE
Hafsa	GBE
Adyan	GBS
Adil	GBS
Marwa	GBS
Harsini	GBS



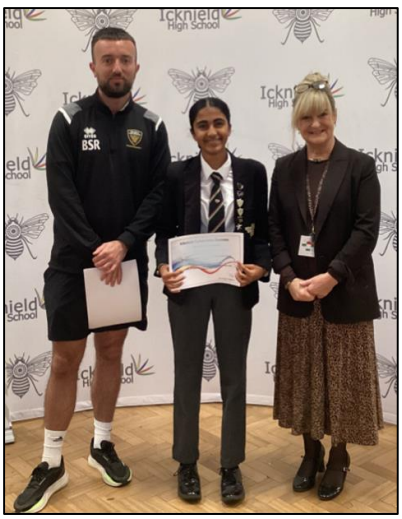


Rewards Breakfasts

Congratulations to all of those students who were invited to a celebratory rewards breakfast this half term for achieving a high number of 5's in lessons.







Arfah	SAC
Precious	SAC
Noor	SAC
Ismail	SAC
Abdul	SAA
Heba	SAA
Jiyapreet	SAA
Emaan	SAA
Maira	SAR
Yashika	SAR
Zareen	SAR
Sara	SAR
Saalehah	SAE
Younus	SAE
Aviraaz	SAE
Maria	SAE
Huzzair	SAS
Taha	SAS
Eshan	SAS
Mohammed	SAS
Aisha	SBC
Arifa	SBC
Muhammad	SBC
Zeba	SBC
Hiba	SBA
Jinan	SBA
Zarah	SBA
Mahira	SBA
Huriyyah	SBR
Rehaan	SBR
Sarah	SBR
Tasniah	SBR
Amelia	SBE
Umaiza	SBE
Phebe	SBE
Mahad	SBE
Inaaya	SBS
Umar	SBS
Tahla	SBS
Zenab	SBS

Ariana	11YBS
Hasan	11YBA
Syed	11YBA
Bushra	11YAI
Safi	11YBH
Safiyyah	11YAE
Symone	11YAI
Mehak	11YBA
Zonera	11YAC
Rishi	11YBR
Jemimah	11YAR
Ruhama	11YBA
Kane	11YBA
Rhyan	11YBA
Ahad	11YBH
Aaminah	11YBH
Esha	11YBH
Hafsah	11YAC
Tanisha	11YBE
Muhammad Yahya	11YAH
Foziya	11YAR
Ammar	11YBI
Adnan	11YAH
Sian	11YBA
Hussain	11YBH
Layla	11YAE
Sofia	11YBH
Calum	11YBS
Sana	11YAR
Veselin	11YBI
Ben	11YBE
Amna	11YBI
Aryan	11YBC
Hope	11YAR
Habiba	11YBH
Hajrah	11YAE
Aleena	11YBS
Verdah	11YBE
Santhuru	11YAE
Aziza	11YBE
Aaliyah	11YBA
Haleemah	11YBE
Raheemah	11YAS
Aqsa	11YAC
Haifa	11YAA
Tamanna	11YAC
Maddison	11YBH
Anaiya	11YAC
Falak	11YBS
Amna	11YBH

Year 7 Curriculum

The table below gives an indication of the current topics of study in year 7. Full details can be found on our website. Click here to find out more
Icknield High School - Subjects

Subject	November to December Study Topics
Computing	Using media: Gaining support for a cause. Creating a digital product for a real-world cause.
Design Technology	What is the iterative process? What is the role of template/model making during the designing and manufacturing process?
English	Oliver Twist: How does Dickens construct characters? How does the novel's context shape its meaning?
Ethics and Philosophy	Core and Diverse Islam: What is universal and what is different? (Iman/Ibadah/Akhlaq)
French	Tu as un ami amusant? Qui fait quoi? Tu as quoi? Distinguishing between having and being. Talking about a thing or person
Food	Explore the 5 nutrients found in food. What does the term 'seasonal foods' mean?
Geography	What are countries like around the world? Students will learn about the culture, climate and economy of Kenya, Sudan, Germany, Thailand, China and Russia.
German	Wer macht was? Wo machst du das? Wer macht was zu Hause/in der Schule? Saying what people do (in school and at home). Asking and answering questions about activities (at home).
History	Why were the Middle Ages so significant? Understanding the causes and consequences of key events in History such as the Battle of Hastings and the Black Death.
Maths	U5: Positive and Negative Numbers U6: Expressions and Inequalities.
Music	Know how to use treble clef notation. Rehearse and perform Beethoven's Ode to Joy on the keyboard.
PSHE	Exploring relationships and acceptance.
Science	Energy Transfers, Particle Model and Sexual Reproduction
Spanish	¿Qué tiene/tienes? ¿Qué es? ¿Qué hace. Saying what people have. Saying what people do.
Sport	Striking and Field Games: Developing sport specific technical skills, and knowledge of rules, tactics and outwitting opponents.
Visual Arts	Artists, Craftspeople and Designers Make Marks. How do artists craftspeople and designers approach still life?

Year 8 Curriculum

The table below gives an indication of the current topics of study in year 8. Full details can be found on our website. Click here to find out more

Icknield High School - Subjects

Subject	November to December Study Topics
Computing	Computing systems: Exploring the fundamental elements that make up a computer system
Design Technology	How is wood joined together? What is the iterative design process and why is it important? How can students develop their confidence in using workshop tools?
English	What kind of character is Sherlock Holmes? How is Victorian society presented in the short stories?
Ethics and Philosophy	Being an atheist or agnostic in Britain today. What difference does it make to be an atheist or agnostic in Britain today?
French	En ce moment ou demain? Aujourd'hui ou le week-end? En ce moment ou la semaine prochaine? Asking questions. Expressing future intention. Saying what you want to, can and must do. Saying what you don't want to, can't and don't have to do.
Food	What does the term 'Healthy Eating' mean? What are the components of the 'Eat Well Plate' and why is it important?
Geography	What resources do we use and how do they affect our climate? Students will learn about a range of resources that we use around the world, including the positives and negatives of each and the impacts they have on the environment.
German	What are you doing? What did they do? Wie bist du dort hin? Wohin bist du gefahren? Was hast du dort gemacht? Um wie viel Uhr? Wie machst du das?
History	What was the significance of the Transatlantic Slave Trade?
Maths	Unit 4 - Linear Graphs. Unit 5 - Accuracy and Estimates. Unit 6 - Ratio Review
Music	Exploring the Twelve Bar Blues, the chords sequence and primary triads
PSHE	Relationships and discrimination
Science	Light, Plants and their reproduction, and Plant growth
Spanish	¿Qué hay? ¿Es o está? ¿Qué tienen? ¿De quién es? ¿Qué deben hacer? Discussing what people do and don't do. Describing people and possessions.
Sport	Striking and Field Games: Developing sport specific technical skills, and knowledge of rules, tactics and outwitting opponents. Be able to perform accurate bowling, throwing, catching, batting and fielding skills.
Visual Arts	Artists, Craftspeople and Designers play with ideas, materials and failure. How do artists craftspeople and designers approach the subjects of animals and patterns?

Year 9 Curriculum

The table below gives an indication of the current topics of study in year 9. Full details can be found on our website. Click here to find out more Icknield High School - Subjects

Subject	November to December Study Topics
Art & Design	Artists Explore Fantastical Worlds: How do artists, craftspeople and designers explore Fantastical and Strange themes in their work?
Computing	Python programming with sequences of data. Manipulating strings and lists. Creating a programming project
Design Technology	What is the iterative process? What is the role of template/model making during the designing and manufacturing process? What is engineering? What is the iterative design process?
English	How does the writer structure the text? How does Shakespeare present Juliet as a tragic character? Focus: Genre
Ethics	Radical Jesus? What is so radical about Jesus? Explaining ideas with reasons and evidence. Consider which interpretations are appropriate, and why.
Film	**Introduction to Film/The Meeting*:*** How do film makers plan, film and edit a production?
French	Que mangent-ils? Vous faites quoi? Talking about what you and others do at school Talking about what you are doing this week and what you do every week.
Food	Multicultural foods including American cuisine, Greek cuisine and Japanese cuisine.
Geography	What is a glacier and how they have shaped the landscape? Students will learn the processes and impact of glaciers on local and global scale.
German	Alle oder jeder? Möchten Sie…? Haben Sie Lust,.. ? Was werden wir werden? Was hast du vor? Was sind deine Zukunftspläne? Was ist wichtig im Leben? What do you do for others? What did you do with others?
Graphics	*Illustration Exhibition/ Communication Graphics:* Large Scale Illustration Promotional Board. How do graphic designers communicate ideas visually to advertise a place of interest?
History	How far did Women's Rights change during the 20th Century?
Maths	Simultaneous Equations: Solving algebraically and solving graphically. Angle Review.
Music	Using Music Technology to create drum loops and a bass riff.
PSHE	Relationships and building a positive community.
Science	Microscopes, Plant and Animal Cells, Enzyme Action and activity including pH and Enzyme core practical, and Transporting Substance including Osmosis core practical
Spanish	¿Quién hace qué? ¿Qué te regalan? ¿Qué hicieron? Describing a series of events (Narration). Talking about giving and receiving (Birthdays).
Sport	Striking and Field Games. Cricket. Be able to perform accurate bowling, throwing, catching, batting and fielding skills.
Textiles	Drawing/design/colour work. How do textiles designers produce primary research for their art work?

Year 10 Curriculum

Subject	November to December Study Topics Click here to find out more
Art & Design	How do artists, craftspeople and designers explore and investigate a theme? In what ways can artists, craftspeople and designers explore current issues?
Business	1. Business activity (Continued) How and why businesses start and grow. 2. Marketing The purpose and role of marketing within business and how it influences business activity and the decisions businesses take.
Computing	1.2 Memory and storage. 1.3 Computer networks, connections and protocols
DT	What are materials and properties? What are the common specialist techniques? How can you use 3D drawings to enhance your sketching?
English	A Christmas Carol/Power and Conflict Poetry. How do poets use methods to convey ideas? Why did Dicken's write A Christmas Carol? How do poets present the power of nature in the cluster?
Ethics	Living the Muslim Life.
Film	***If Only:*** How do film makers approach Science Fiction and the theory of Teleportation?
French	Theme 1 PEOPLE AND LIFESTYLE. Healthy living and lifestyle.
Graphics	SUSTAINED PROJECT Promotional Graphics, Illustration Graphics. *National Portrait Gallery Decorative Power.*
Geography	What happens when tectonic plates move? What are the impacts and responses to earthquakes? What is development and why do global inequalities exist? Which development strategies are the most successful?
H&SC	Supporting individuals through life stages. What is the impact of life events?
German	PEOPLE AND LIFESTYLE. Healthy living and lifestyle.
History	What was life like in Nazi Germany?
Maths	**Foundation** - Fractions and Percentages, Angle Facts, Parallel Lines, Polygons, Equations and Inequalities, Sequences. **Cross over** - Transformation, Real Life Graphs and Linear Graphs, Averages from a Table and Simultaneous Equations. **Higher** - Volume of Prism & 3D Shapes, Recap Angles in parallel lines & Polygons, Quadratic Equations, Pythagoras' Theorem, Right-Angle Trig, 3D Pythagoras/Trig, Exact Values.
Science	Particles and Density including Density core practical, Energy and Changes in State including Specific Heat Capacity core practical, Energy Transfer, Renewable and Non renewable energy resources, and Vectors and Scalars.
PE GCSE	Can you describe the protocols for the different fitness tests? Can you explain how an athlete can use principles of training to improve their performance? What is the purpose of a warm up?
Spanish	PEOPLE AND LIFESTYLE. Healthy living and lifestyle.
Textiles	Drawing/design/colour work. How do textile designers produce primary research for their art work?

Year 11 Curriculum

Subject	November to December Study Topics Click here to find out more
Art & Design	Trial Exam: Choice of starting points: How do Artists, Craftspeople and Designers explore the theme of Architecture? How do Artists, Craftspeople and Designers explore the theme of Natural Forms?
Business	The Purpose of Finance Function. Influences on Business.
Computing	Producing robust programs. Boolean logic. Programming languages and Integrated Development Environments
DT	What is design development? What does development look like?
English	How do writers present the themes of power and conflict in the poetry cluster? How do poets present thoughts and ideas in unseen poems? How have key themes, characters and ideas been presented in An Inspector Calls?
Ethics	Matters of life and death.
Film	Trial Exam: How do you approach an exam question - Light and Dark?
French	Life at School: Learn to use sophisticated opinions and explanations. Using adjectival endings. Using reflexive verbs (feelings). Using common subjunctive and conditional forms
Geography	People and the Biosphere and Forests Under Threat.
German	SCHOOL SUBJECTS: Stating the time. Describing your timetable and school day. Stating opinions about school and subjects. Describing a school and types of school. Describing different choices you have (e.g. Wahlfächer)
Graphics	Trial Exam: How do designers explore the theme of promotion and advertising? Students select from a list of starting points
H&SC	Supporting individual's rights. How to support individuals to maintain their rights? What is the importance of the values of care and how they are applied?
History	Settling the American West: Homesteaders, The Cattle Industry, Law and Order in the West, The Importance of the Railways.
Maths	**Foundation** - Number Review (Decimals, BIDMAS, LCM/HCF, indices), Algebra Review, Volume and Surface Area of 3D Shapes. Cross Over - Algebraic Fractions, Probability Review, Trigonometric Rules. **Higher** - Upper Lower Bounds, Transformations of Graphs, Exponential equations, , Trigonometric Rules, Data Review Averages from a table, fr. Polygons, scatter diagrams, combined mean
PSHE	Living in the wider world. What education and career pathways are there and which suits my skills and abilities best?
Science	Electric circuits, Current, Resistance, Power, Electrical Safety, Magnets and Magnetic fields, Electromagnetism, and magnetic forces
Spanish	LIFE AT SCHOOL Describe and comment on school trips importance. Describing your uniform & school rules & Hmwk and giving your opinion on it.
GCSE PE	What worked well in the training programme you designed? What would you change in the future if you were to do the training programme again? What improvements did you see in your fitness? What impact would the improvements on your fitness make to your sporting performance?
Textiles	How do artists and designers respond to a specific project brief?

YEAR 11 TRIAL EXAMINATION TIMETABLE NOVEMBER 2024

	9:00am	11:30am	2:00pm
Friday 8 November	**Graphics – Year 11 Trial Exam 5hrs**		
Monday 11 November	**Art, Craft & Design / Graphics / Textiles / Film – Year 11 Trial Exam 5hrs**		
Tuesday 12 November	**Art, Craft & Design / Graphics / Textiles / Film – Year 11 Trial Exam 5hrs**		
Wednesday 13 November	Biology Combined /Triple Science 1hr 10m/1hr 45m	Geography Component 1 Global Geographical Issues 1hr 30m	**Italian Listening L = 45m**
Thursday 14 November	GCSE English Language Paper 2 1hr 45m	German listening/reading LF = 35m & LH = 45m RF = 45m & RH = 1hr	**Arabic Listening L = 45m**
Friday 15 November	Maths (non-calc) 1hr 30m	PE 2hrs Computer Science 1hr 30m	
Monday 18 November	Chemistry Combined/Triple Science 1hr 10m/1hr 45m	Design & Technology 2hr Religious Studies 1hr 45m	**History 1hr 20m** **Crime and punishment in Britain, and Whitechapel**
Tuesday 19 November	Maths (calc) 1hr 30m	French listening/reading LF = 35m & LH = 45m RF = 45m & RH = 1hr	**Health & Social 1hr 15m** **Portuguese Listening – 45m**
Wednesday 20 November	Geography Component 2 UK Geographical Issues 1hr 30m	Business 1hr 30m	**Arabic Reading (1hr 05m** **Italian Reading 1hr** **Portuguese Reading 1hr 05m**
Thursday 21 November	8:30am start English Literature 2hrs 15m Paper 2 (Modern Texts & Poetry)	Spanish listening/reading (39) LF = 35m & LH = 45m RF = 45m & RH = 1hr	
Friday 22 November	**Physics Combined/Triple Science** **1hr 10m / 1hr 45m**	**History 1hr 30m** **Weimar & Nazi Germany**	

KS3 Extra Curriculum Activities

Autumn Term '1' 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
BEFORE SCHOOL		**Basketball Girls Years 7, 8 & 9** 7.30am - 8.10am North Gym			
BREAK TIME	**Music Yr.7 Individual Practice Sessions**			**Music Yr.8 Individual Practice Sessions** 11am - 11.15am MU1 or Practice Studios 2,3 & 5	**Music Yr.9 Individual Practice Sessions** 11am - 11.15am MU1 or Practice Studios 2,3 & 5
LUNCHTIME	**Basketball Boys Yr.8** 1.30pm - 2pm North Gym **Geography Film Club Yr.7 & 8** 1.30pm - 2pm G2 **Book Club** 1.20pm - 1.45pm LRC **Maths More Able Club** 1.20pm - 2pm M12 **School Choir Yr.7-11** 1.30pm - 2pm MU2	**Courts Yr. 8, 9, 10 & 11** **Girls Computing Club** 1.30pm - 2pm IT3 (starting after October Half Term)	**Basketball Boys Yr.10/11 North Gym** **Trampolining Yr. 8/9 North Hall** **Courts Yr. 8, 9, 10 & 11** **English Debate Society** 1.20pm - 2pm E8	**Basketball Girls Yr.10/11 North Gym**	**Basketball Boys Yr.7** 1.30pm - 2pm North Gym **Courts Yr. 8, 9, 10 & 11** **EP Ambassadors RE-LAX Club** 1.30pm - 2pm EP3
AFTER SCHOOL		**Maths Homework Club** 3.10pm - 4.10pm BS2 **FILM GCSE Students** Helpline 3.10pm - 4.10pm A1	**Courts Yr. 8, 9, 10 & 11** **Netball Outside Changing** **Rugby Outside Changing** **Visual Arts Helpline Yr.9 & 10** **Science KS3 STEM Club** 3.15pm - 4pm S10	**Poetry by Heart** 3.15pm - 4pm E11 **Table Tennis** PA2 **Basketball Boys Yr.9** North Gym **Trampolining Yrs. 10/11** North Hall	

Open Evening





We were delighted to welcome year 6 students and their parents to our open evening. Congratulations to all of our students who contributed to the success of the evening.







Icknield Debating Society

To debate is to have the drive to express an opinion and defend it. After careful dedication, it can become a life skill as it teaches one to negotiate. It can also aid in learning to work under pressure, especially during times of competition. You can even nurture your ability to work in a team; build ‘on-the-spot’ thinking as well as analytical skills. Be a debater: be a team member.

The debate society meets at 1:20 pm every Wednesday in E8.

Come and experience critical thinking. Bring your lunch or a snack.

Student Voice

We are delighted to share our Student Voice members for 2024-25. Congratulations to all involved.

STUDENT VOICE MEMBERS 2024 - 2025

YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11
Aqib	Inaaya	Eshal	Abdul	Inaaya
Yusuf	Ruqaya	Fatima	Jabeen	Manha
Muid	Aisha	Iffa	Khayrah	Sky
Alessio	Mya	Aaishah	Aiman	Zahra
Amira	Zara	Camrin	Denis	Samuel
Iman	Usman	Amna	Amina	Raihan
Zayan	Hassan	Ava	Arafa	Atiyah
Altaf	Hadia	Zara	Precious	Hifza
Mai'da	Imaan	Shirin	Zara	Lybah
Risha	Areefa	Aadil	Noor	Nadid
Zamin	Ahmad	Jannat	Janusiga	Erfan
Aaila	Adyan	Stefani	Umaiza	Abu Bakr
Ahmed	Eiliya	Jana	Alishba	Fatima
Hanusha	Hafsa	Mohammed	Saalehah	Ruhama
Tahmid	Lillian	Haleemah	Sahar	Rakhi
Eiliyah	Elizah	Hannah	Saja	Aleena
Faatimah	Hanna	Mustafa	Hafsah	Ariana
Maliha	Zaynab	Olivia	Halima	Ayesha
Qasim	Sarah	Amara	Yashika	Kane
Khadeejah	Hajrah	Driti	Amelia	Zaynab
Taqi	Khadija	Hammad	Arisha	Ben
Aqila	Amin	Maisie	Sara	Inayah
Rabia	Maryam	Maryam	Huzzair	Mehak
Zainab	Mariem	Ajisaf	Taha	Izaan
Ayaan	Janaysha	Autumn	Zainab	Qandeel
Yahya	Alisha	Amani	Denis	Saffiya
Zakariya	Eesha	Ameena	Sania	Shifa
Amilah	Safaa	Laiba	Asmiya	
Dahlia		Sufia	Hiba	
Falaq		Zeba	Saraniya	
Khadija		Ayaan	Rehan	
Saarim		Unsa	Aisha	
Aroush		Caitlyn	Sophia	
Zaara		Mapara	Arshi	
Zikhra		Shakila	Muhammad	
		Adyan	Aisha	
		Adil	Simra	
		Zain	Huriyyah	
		Haarsini	Rehaan	
		Lana	Laiba	
			Sarah	

Co-ordination Activities

We have noticed several children struggling with writing and Coordination. This article contains a few pointers and activities families could do at home to support their children. Parents/carers need to use discretion, but the aim is to build up their muscles that aid learning in school.

Children's coordination is broken down into:

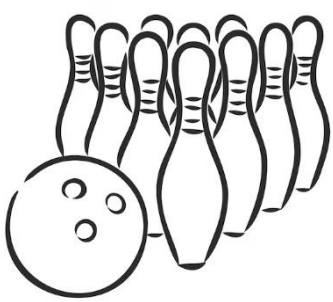
- **Gross motor skills** are the movements that involve large muscles, like legs, arms and torso. Gross motor skills require proper coordination and function of skeletal muscles (the strength and power behind the movements), bones (the structures muscles attach to) and nerves (the "messengers" of the brain that tell the muscles when and how to move). This impacts balance, coordination, body awareness, spatial awareness and reaction time.

- **Fine motor skills** are the small, precise movements using wrists, hands, fingers, ankles, feet and toes. It requires small, precise muscle movements and impacts tasks such as writing, drawing straight lines, using a ruler, using cutlery to eat, handling small puzzle pieces and construction, for example.

The key difference between the two lies in the location and degree of movement. Both develop through practice and intentional movement. The activities below are deigned to help you support your child at home.

Gross Motor Skills

Swimming, hula hooping, hopping, kicking and throwing a ball (different sizes), cycling – these are some of the many activities that support gross motor development. Consider also,



1. Filling a 1 litre plastic bottle with water. Pierce a small hole in the cap and screw it onto the bottle. Encourage the young person to squeeze it on an outside wall trying to write their name or make patterns.
2. Large hand movements to wipe a large tabletop or even wash a car.
3. Different forms of dance and / or jumping, including use of a trampoline with safety net.
4. Ten-pin bowling – either at a bowling alley or using 1 litre filled bottles as skittles.

Co-ordination Activities Continued

Fine Motor Skills

These activities are designed to improve pen control and handwriting.

1) Using a plastic bowl and washing line pegs, ask your child to clip the pegs all the way around the edge of the bowl. First clockwise and then anticlockwise. Repeat often.
2) Take two bowls. Fill one with lentils or rice (dry foods). Place the filled bowl on the left-hand side. Ask your child to spoon the contents of the filled bowl into the empty bowl. When this is complete, switch the bowls round, so the movement is always left to right.
3) Place a large shirt on a hanger within reach. Ask your child to button the shirt and then unbutton it. Time how long it takes and record this. Repeat encouraging your child to get faster.
4) Place two containers on a table. One above the other. Fill the top container with water. Using a pipette or chicken baster, ask your child to transfer the liquid from the top container into the bottom one. Once complete, switch the containers around and start over. Always ensure the movement is top to bottom.



5) Play dough or kneading flour can also help to build up dexterity of finger movements. Flour-based activities can be linked to family cooking activities.
6) Threading beads or buttons or cutting out shapes using a guideline.

Once you have selected the activities to do, you can use the checklist below to track progress. Feel free to contact us, if you have any further questions.

Activity	Yes	No	Comments

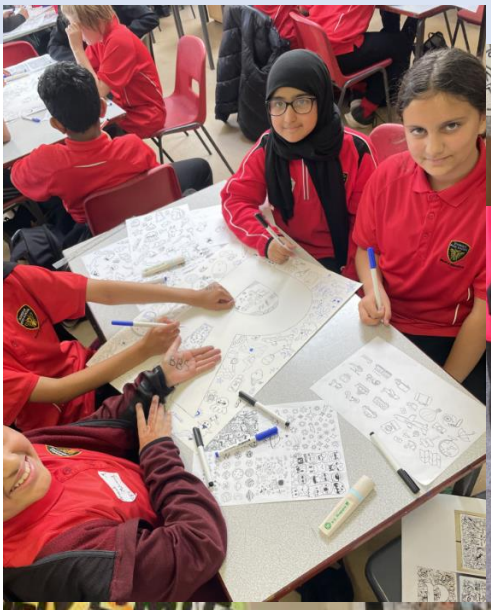
The SEND Department

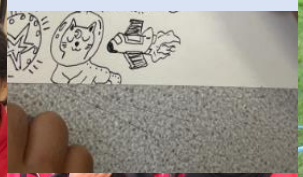
Year 7 Team Building Day

On Thursday 3rd October the Year 7 students, eventually, took part in their Teambuilding Day. This was a fun packed day of activities designed to help the students bond within their Tutor Groups and develop leadership and communication skills. Feedback from the day, as always, was very positive with 98% of students wanting to do something like this every year.

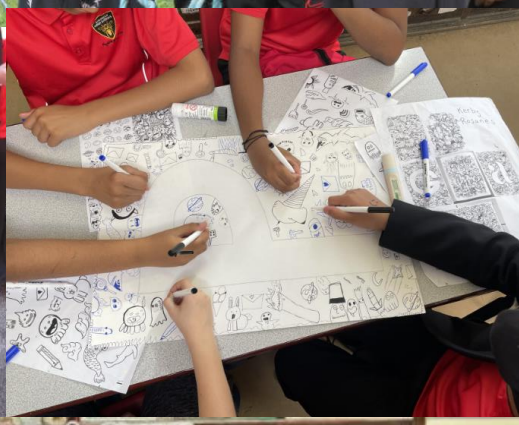


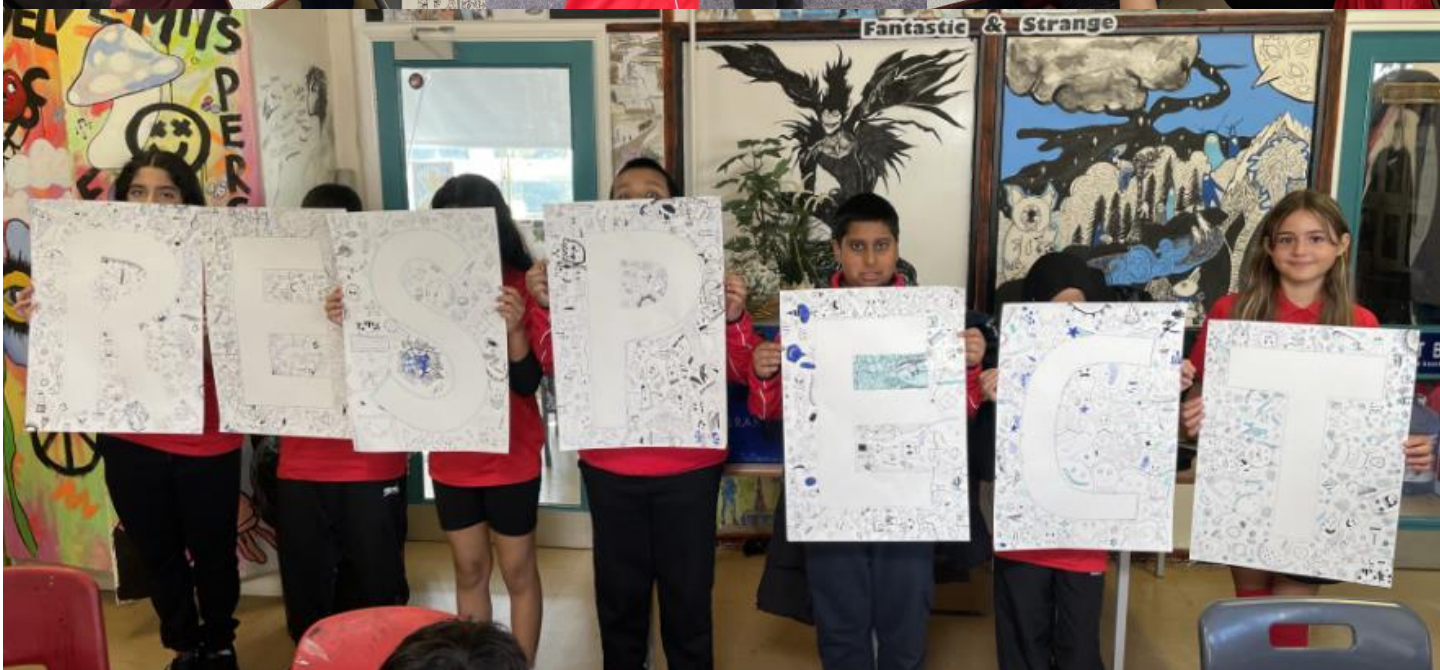












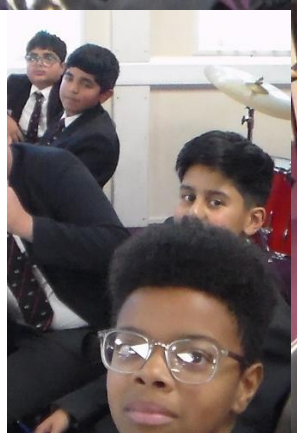
Music Department Songwriting Workshop

Eager students gathered in the Music Department as Lex Gibbons shared some of her story and experiences about songwriting. Back by popular demand after last year's workshop, Lex shared valuable insight of how songwriters work in the Music Industry as she explained how some songwriters specialise in only writing hooks or choruses or verses or bridges. She shared her song on YouTube called 'Own Advice'. She elicited examples of rhyming phrases from the students then gave them their first task – to write rhyming couplets. Each group successfully composed two lines that told the story of the school day, from waking up to getting home.

Then students chose working groups and spent the remainder of the day composing a song on their chosen topic, adding chords and melodies on piano, guitar and vocals. The four Yr10 GCSE students reflected that it was an intense process. All five Music Studios were filled with sounds and creative ideas. At 2:50pm, all 23 students emerged and performed their songs to each other. This was an impressive feat to achieve in one day. Well done to everyone who participated and collaborated most of whom are pictured below. Mrs Brooks – Subject Leader for Music








Sports Council

Congratulations the following students for being selected for Sports Council this year:

Yr7 – Blue Ties
Hassan (BBA)
Ayaan (BBE)

Yr8 – Red Ties
Jaiden (RAA)
Hassan (RAE)
Sanojan (RAE)
Nosherwan (RAA)
Amaya (RBS)
Safa (RAC)
Eireann (RBS)

Geography Field Visit

Year 11 Geography students carried out traffic counts, asked questionnaires, drew sketches and measured the quality of the environment using an environmental quality index surveys. They repeated these methods in two areas of Luton as part of their Geography GCSE.







European Day of Languages

This month to celebrate the European Day of Languages, the Modern Foreign language department launched a painted t-shirt competition based on our identity and culture.

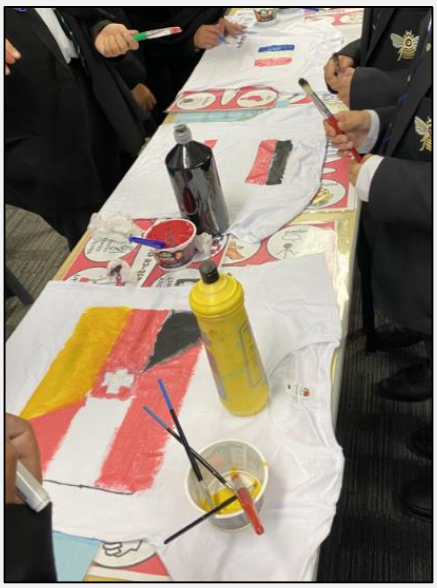
We were delighted to see so many wonderful designs representing a very diverse range of cultures and countries, making the judges' job of choosing the winners extremely challenging. Students from the Language club also joined in, not only they had to come up with a design and concept but also work together as a team, students showed great leadership skills and high levels of organisation.

During the school's recent Open Evening, all of the entries were displayed for visitors, making it a talking point, where once again, the very positive comments highlighted our students' talents.

The winners are:
1.Simra SBE "A windy Day in Paris"
2.Lana GBS "Hello Kitty Turkish Flag"
3.Ahmad BAE "World international medley"









Watch out for more exciting events and news from the MFL department!

Book Fair

Book fair coming soon Thursday 7th - Tuesday 12th November 2024 hosted in the LRC. We have books to purchase of different reading levels. This is a cash only event. We are looking forward to seeing our students in the LRC!

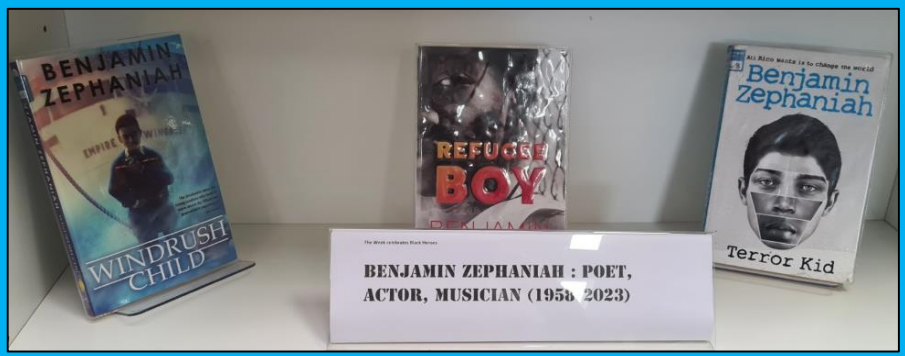


Black History Month

We celebrated Black History Month with a wonderful display of our books we have in stock for students to read in the LRC

We also had a display of Benjamin Zephaniah books to borrow titles available in the LRC are:

- Terror Kid
- Refugee Boy
- Windrush Child
- Face





Sports

Table Tennis

This year we have seen lots of success in the Luton schools table tennis tournaments.

Congratulations to the Year 7&8 boys who won the Luton schools table tennis competition and have qualified for the county competition.

The year 7&8 girls team also did really well and finished 3rd.



Well done to the boys and girls u16 teams who came second in the Luton schools table tennis competition.





Sports

Basketball
Basketball season is up and running with all age groups competing in various matches this half term against other Luton schools.







Rugby
The boys rugby teams have started playing their first matches over the last 2 weeks and the year 9 boys competed really well against a very tough Cardinal Newman team.

Netball
Netball practice has been very busy with lots of students from all year groups coming along on a Wednesday. So far the girls have had mixed success but all the students have thoroughly enjoyed playing.

