ICKNIELD HIGH SCHOOL **KEY STAGE 3 PSHE CURRICULUM**

'Raising the Achievement of All'

WELL-SEQUENCED **CONTEXUALISED/INCLUSIVE** **AMBITIOUS**

SUBJECT: PSHE **Year: 9**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Theme	**Health & Well-being**	**Relationships**	**Living in the Wider world**	**Health & Well-being**	**Relationships**	**Living in the Wider world**
Secondary Theme	**Mental Health**	**Building a positive community**	**Planning the future**	**Healthy Lifestyles**	**Intimate relationships**	**Supporting greater issues**
Key Questions	What impact will drugs have on your Well-being? What First aid should you offer someone suffering from a severe cut? What are the legal, social and well-being implications of knife carrying?	What is hate crime? towards which social groups is hate crime mainly directed? Why might the term acceptance be more suitable than tolerance? What is extremism and how can we curtail its growth? How is Animal welfare and caring for our environment linked?	What skills and qualities do I have? What are the pathways associated with different GCSE subjects? How can understanding our political system encourage greater independent thinking?	What do we need to live healthier lives? How can you improve your sleep pattern? What impact does sleep deprivation have?	What part does intimacy play in a positive relationship? What expectations are reasonable in a healthy relationship? How can you recognise a controlling relationship? What does capacity to consent mean? What are the legal ages of consent? What are STI's and which types of	Does our Prison system work? What sentences are given for breaking the law? Is the use of Capital Punishment appropriate?

					contraception help to reduce their spread? What is Child Sexual Exploitation and what are the 4 stages of Grooming?	
Content: 'Know what'	**Students will learn about:** Promoting positive mental wellbeing The impact of drugs on the mind and body Basic first aid for a significant bleed Teenage social issues and their causes	**Students will learn about:** The role of Black History Month in UK Society The 9 protected Characteristics of the 2010 Equality Act Hate crime The refugee Crisis Wildlife and the Environment	**Students will learn about:** The Myers Brigg Personality Test GCSE Options / Th UK political system Speech writing and self-promotion An introduction to Finance	**Students will learn about:** Healthy night time routine Healthy lifestyles Basic first aid	**Students will learn about:** Intimate relationships Consent Contraception Consent and age laws Risks of STIs Living with HIV	**Students will learn about:** Modern prisons Capital punishment
Expertise: 'Know how'	**Students will know how:** to communicate in small and large groups to sensitively discuss topics	**Students will know how:** to promote equality in school and society	**Students will know how:** to select appropriate GCSE options based upon a number of factors	**Students will know how:** To improve their sleep environment and night time routine	**Students will know how:** To set expectations which will promote a healthy relationship	**Students will know how:** to explain the merits of the prison system

	to support a friend with low mental wellbeing to perform basic first aid on someone with a significant bleed to stay safe in social situations to promote living knife free			To create a positive online profile To recognise if their online activity is impacting their well being	To identify controlling behaviour in a relationship To reduce the personal risk of STI's To make appropriate online decisions which will to benefit their future physical and emotional relationships	to know what part they can play to tackle environmental issues
Literacy / Numeracy / SMSC	Reading and oracy in lessons to develop literacy skills. Understanding key vocabulary Making positive impact within the school and home community Promote the basic British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance for	Reading and oracy in lessons to develop literacy skills. Understanding key vocabulary Making positive impact within the school and home community Promote the basic British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance for those of different faiths and beliefs.	Reading and oracy in lessons to develop literacy skills. Understanding key vocabulary Making positive impact within the school and home community Promote the basic British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance	Reading and oracy in lessons to develop literacy skills. Understanding key vocabulary Making positive impact within the school and home community Promote the basic British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance	Reading and oracy in lessons to develop literacy skills. Understanding key vocabulary Making positive impact within the school and home community Promote the basic British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance for those of different faiths and beliefs.	Reading and oracy in lessons to develop literacy skills. Understanding key vocabulary Making positive impact within the school and home community Promote the basic British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance for those of different faiths and beliefs.

	those of different faiths and beliefs. Resolve conflict Emotional literacy	Resolve conflict Emotional literacy	for those of different faiths and beliefs. Resolve conflict Emotional literacy	for those of different faiths and beliefs. Resolve conflict Emotional literacy	Resolve conflict Emotional literacy	Resolve conflict Emotional literacy
Disciplinary Literacy	Key Words Illegal Risk Stimulant Hallucinogenic Possession Supply Intent, Dependence Gangs Consequences Loyalty Choices Violence Prejudice **Further reading:** **Orangeboy** By Patrice Lawrence	Key Words Acceptance vs tolerance Harassment Refugee Asylum seeker migrants Extinction, Desertification, Poaching Habitat Welfare **Further Reading:** **Refugee** By Alan Gratz **Born a Crime** By Trevor Noah **The Boxer** By Nikesh Shukler	Key Words Manifesto Constituency Parliament Magna Carta Election Secret ballot Employability skills Body language Communication **Further reading:** **Just Mercy** By Bryan Stevenson (adapted for teens)	Key Words Mental well-being Mindfulness Sleep cycle Circadian rhythm Insomnia **Further reading:** **There is no Planet B** By Mike Berniers Lee **Mind Your Head** By Juno Dawson	Key Words Healthy vs Unhealthy Compromise Negotiation Dominant Respect Consent STI's HIV Grooming Vulnerability HIV PrEP **Further Reading:** **How to save a life** By Sara zarr	Key Words Murder Manslaughter Robbery Assault Reformation Capital punishment **Further Reading:** **All the Bright Places** By Jennifer Niven **Boys Don't Cry** By Malorie Blackman **Black Sheep** By Na'ima Robert **Killing Honour** By Bali Rai **Our Chemical Hearts**

		The Elephant in the Room By Holly Goldberg **The Hate you Give** By AngieThomas **The Jungle** By Pooja Puri **This Book is Cruelty Free** By Linda Newberry **We Should All Be Feminists** By Chimamanda Ngozi Adichie				By Krystal Sutherland **She Wore red trainers** by Na'ima Robert **Sugar Rushby** by Julie Burchill **The Love & Lies of Rukhsana Ali** By Sabina Khan **This Book is Gay** by Juno Dawson
Careers	Review personal strengths, achievements and aspirations. Identify areas to improve and set an achievable goal for future learning.	Explore equality, diversity and barriers to opportunity in employment. Evaluate how role models and stereotypes influence choices.	Compare GCSE option implications, qualifications and routes including academic, technical and apprenticeship pathways. Research entry requirements using reliable sources.	Explore workplace wellbeing, resilience and managing pressure. Apply problem-solving and help-seeking strategies to realistic situations.	Practise professional communication, collaboration and conflict resolution using workplace scenarios and feedback.	Research growth sectors and local labour-market opportunities, including digital and green careers. Produce a short personal pathway plan.