Raising the Achievement of All'

WELL-SEQUENCED **CONTEXUALISED/INCLUSIVE** **AMBITIOUS**

SUBJECT: PSHE **Year 10**

	Autumn 1	**Autumn 2**	**Spring 1**	**Spring 2**	**Summer 1**	**Summer 2**
Key Theme	**Health & Well-being**	**Relationships**	**Living in the Wider World**	**Health & Well-being**	**Relationships**	**Living in the Wider World**
Secondary Theme	**Managing health**	**Recognising unhealthy relationships**	**Working life and**	**Mental health**	**Relationship Expectations**	**Humanitarian behaviour**
Key Questions	What are the laws relating to blood organ and stem cell donation? What screening can I do to maintain my health? Who can I turn to if a bereavement happens close to me? To what extent is a drive for dopamine causing addiction?	What is the difference between a forced and arranged marriage? Can you Recognise the signs and impact of honour-based abuse, including emotional and psychological trauma?	What different type of Employment pathways are there? What skills will I need when I enter a working environment? How can I navigate earning money online safely? Which careers are likely to experience decline or growth in the future?	What are the impacts of artificially created images and AI attachment? What is violence against women and girls, and how can we challenge harmful behaviours and promote respectful relationships? What is the masculinity identity crisis?	How can I build intimacy in a relationship? Which method of contraception should I use? What are the effects of pornography addiction on relationships?	What can I do to help as a first responder in first aid situations? What expectations will employers have of me during my work experience? To what extent did I fulfil the expectations of my work experience?
Content: 'Know what'	**Students will learn about:** Blood, Organ & Stem	**Students will learn about:** Forced & Arranged	**Students will learn about:** Employment	**Students will learn about:** Deep fake images and AI attachment	**Students will learn about:** Building intimacy in a	**Students will learn about:**

	Cell Donation Gillick Competency Self-examination and screening Bereavement Addiction Dopamine and false happiness	Marriages Honour based abuse including FGM	pathways Workplace skills and expected etiquette	Relationship, Safeguarding and Identity issues causing VAWG The Masculinity crisis	relationship Distorted Reality of Pornography The new laws are regarding Non-fatal strangulation	Saving Lives with 1st Aid Planning for work experience
Expertise: 'Know how'	**Students will know how:** To become a part of the donation programme or how to opt out To take early action to reduce the likelihood of illness becoming serious To identify who bereavement support options To understand and support someone who physically harms	**Students will know how:** To recognise when a marriage is forced and know who to contact To get support regarding honour-based abuse	**Students will know how:** To understand the impact of AI on their lives and careers To avoid having a negative digital footprint To identify career paths which match the market To spend whilst understanding the borrowing impact	**Students will know how:** To question the reliability of digital sources and images To recognise and challenge harmful behaviours, including gender-based harm, and promote safe, respectful and equal relationships Develop and express a positive, healthy understanding of masculinity	**Students will know how:** To recognise the importance of intimacy in a relationship To choose the appropriate contraception option to link pornography with unhealthy relationships	**Students will know how:** To support a medical emergency as a first responder To behave and conduct themselves to create a positive impression during work

	themselves through addiction					
Literacy/ Numeracy/ SMSC/	Reading and oracy in lessons to develop literacy skills. Understanding key vocabulary Making positive impact within the school and home community Promote the basic British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance for those of different faiths and beliefs. Resolve conflict Emotional literacy	Reading and oracy in lessons to develop literacy skills. Understanding key vocabulary Making positive impact within the school and home community Promote the basic British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance for those of different faiths and beliefs. Resolve conflict Emotional literacy	Reading and oracy in lessons to develop literacy skills. Understanding key vocabulary Making positive impact within the school and home community Promote the basic British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance for those of different faiths and beliefs. Resolve conflict Emotional literacy	Reading and oracy in lessons to develop literacy skills. Understanding key vocabulary Making positive impact within the school and home community Promote the basic British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance for those of different faiths and beliefs. Resolve conflict Emotional literacy	Reading and oracy in lessons to develop literacy skills. Understanding key vocabulary Making positive impact within the school and home community Promote the basic British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance for those of different faiths and beliefs. Resolve conflict Emotional literacy	Reading and oracy in lessons to develop literacy skills. Understanding key vocabulary Making positive impact within the school and home community Promote the basic British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance for those of different faiths and beliefs. Resolve conflict Emotional literacy
Disciplinary Literacy	**Key Words** Transplant Donor Transfusion Routine Screening Mammography	**Key Words** Excision Genitals Circumcision Trauma Coercion Consent	**Key Words** Automation Job Market Remote work Freelancing Upskilling	**Key Words** Artificial Intelligence (AI) Deep fake Algorithm	**Key Words** Intimacy Breakup Pornography Image based sexual abuse Contraception Options	**Key Words** Incel Radicalisation Terrorism Ideology Fundamentalism Disinformation

	Colonoscopy Self-Examination Gillick Competency Abuse Dependence Recovery Detoxification Sobriety Suicide Neurotransmitter Dopamine Endorphins Serotonin Addiction **Further Reading:** **Never Let Me Go** By Kazuo Ishiguro **The Fault in our Stars** By John Green **Neuromancer** By William Gibson	Honour Based Violence FGM Virginity Testing Hymenoplasty **Further Reading** **Desert Flower** By Waris Dirie **A Thousand Splendid Suns** By Khaled Hosseini	**Further Reading**: **I Robot** By Isaac Asimov **The pursuit of Happiness** By Chris Gardner **The Millionaire Next Door** By Thomas J Stanley & William Dank	Machine learning Generated content Manipulation Attachment Emotional reliance Psychological Disorders Anxiety Depression Stigma Counselling Dopamine serotonin Coping mechanisms Scars Consent harassment misogyny safeguarding bystander equality Masculinity stereotypes expectations misogyny respect peer pressure role model Incel Celibate **Further Reading:**	STI Transmission Prevention condom, testing screening asymptomatic treatment confidentiality consent Pornography consent boundaries distortion objectification Wellbeing Strangulation **Further Reading:** **The Porn Trap** By Wendy Maltz **Speak** By Laurie Halse Anderson	Cardiopulmonary Resuscitation Emergency response Stroke Recovery position Professionalism, punctuality, responsibility, communication, teamwork, reliability, initiative, respect, confidentiality, health and safety **Further Reading:** **The Breadwinner** By Deborah Ellis **Refugee** By Alan Gratz **Hatchet** By Gary Paulsen

				The Perks of being a Wallflower By Stephen Chbosky **Beautiful Boy** By David Sheff		
Careers	Identify personal strengths and areas for development. Explore how health, attendance and reliability support employability and long-term goals.	Explore professional respect, equality, safeguarding and appropriate boundaries. Apply these to realistic workplace scenarios.	Careers block: compare employment, apprenticeships, further education and technical routes. Research labour-market trends, changing jobs, AI and required skills; create an individual action plan.	Explore digital footprints, AI-generated content and professional online conduct. Evaluate how online choices may affect recruitment and reputation.	Practise workplace communication, teamwork, punctuality and problem-solving. Prepare questions and expectations for work experience.	Work experience preparation and evaluation: health and safety, confidentiality, employer expectations and reflection on skills gained. Update a skills record and next steps.